

## **FRIDAY TOONIE NIGHT**

The practitioners of Lokamotion Complementary Health Studio, 151 Main Street, Unit 2, Fredericton, NB are excited to offer you <u>drop-in</u> <u>classes</u> every Friday for only <u>\$2 per class</u>. Each Friday, <u>a different</u> <u>practitioner will be presenting</u>. Everybody is welcome to come sample the variety of work being offered here at Lokamotion. The funds collected will be donated to a charity.

## <u>All classes run 5:30 – 6:30 pm</u>

March 1 No Class

March 8 Carolyn Townsend, Feldenkrais®

Awareness Through Movement Lesson

March 15 No Class

March 22 Carolyn Townsend, Feldenkrais®

Awareness Through Movement Lesson

March 29 No Class