



## **FRIDAY TOONIE NIGHT**

The practitioners of Lokamotion Complementary Health Studio, 151 Main Street, Unit 2, Fredericton, NB are excited to offer you **drop-in classes** every Friday for only **\$2 per class**. Each Friday, **a different practitioner will be presenting**. Everybody is welcome to come sample the variety of work being offered here at Lokamotion. The funds collected will be donated to a charity.

### **All classes run 5:30 – 6:30 pm**

- Jan. 4      Verna McKeen, Belly Dance
- Jan. 11     Carolyn Townsend, Feldenkrais®  
                 Awareness Through Movement Lesson
- Jan. 18     No Class
- Jan. 25     Carolyn Townsend, Feldenkrais®  
                 Awareness Through Movement Lesson