



## **FRIDAY TOONIE NIGHT**

The practitioners of Lokamotion Complementary Health Studio, 151 Main Street, Unit 2, Fredericton, NB are excited to offer you **drop-in classes** every Friday for only **\$2 per class**. Each Friday, **a different practitioner will be presenting**. Everybody is welcome to come sample the variety of work being offered here at Lokamotion. The funds collected will be donated to a charity.

### **All classes run 5:30 – 6:30 pm**

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|---------|---|
| Feb. 1  | Sally Wells, NIA  |
| Feb. 8  | No Class  |
| Feb. 15 | Verna McKeen, Belly Dance Exercise                                  |
| Feb. 22 | Carolyn Townsend, Feldenkrais®<br>Awareness Through Movement Lesson |