



FRIDAY TOONIE NIGHT

The practitioners of Lokamotion Complementary Health Studio, 151 Main Street, Unit 2, Fredericton, NB are excited to offer you **drop-in classes** every Friday for only **\$2 per class**. Each Friday, **a different practitioner will be presenting**. Everybody is welcome to come sample the variety of work being offered here at Lokamotion. The funds collected will be donated to a charity.

All classes run 5:30 – 6:30 pm

Dec.7 No Class

Dec. 14 Carolyn Townsend, Feldenkrais®
 Awareness Through Movement Lesson

Dec. 21 No Class

Dec. 28 No Class